Hello All,

Last week we had a number of exciting events at the school through which many students got to experience great learning opportunities. The first of these events was the Small Schools Swimming Carnival at Gosford swimming pool held last Tuesday. Ethan, Bianca, Brooke, Thomas, Brendan, Daisy, Harry, Chanyce, Jazmin and Jayda went to the pool as representatives of Peats Ridge. I am extremely proud of the efforts that these students put in on the day with some pleasing results. A number of them have qualified to compete at the Brisbane Water Zone Swimming Carnival on Monday 9th March at the Peninsula Leisure Centre, Woy Woy. Congratulations to you all. We are all very proud of your achievements.

On Thursday all of the students got to experience the joys of African drumming through drumming and percussion lessons with Warren and Katy Loades from Drumbala. To witness the excitement the students felt was nothing short of amazing. We are extremely fortunate to have Drumbala coming to us every week for the remainder of the term at NO cost to the students. This would not have been possible without the support of the P&C. On behalf of the students and staff we would like to say a very big thank you for supporting this endeavour. There has been a great deal of research done over the years as to the benefit of musical education. To witness first-hand the engagement and outcomes of this program that the students’ experienced, made me proud to be a teacher. We look forward to Drumbala becoming a big part of musical education at Peats Ridge for many years to come.

Last week in our newsletter I mentioned the fact that we had secured the Mangrove Mountain food markets as a monthly event at Peats Ridge. As a part of this we have the opportunity to hold a stall at the markets each month to raise much needed funds for our P&C. It is extremely evident that in our school community we have many great producers of high quality produce and with that in mind I have an idea for a fundraising venture. I propose that each month families from our community donate a box of produce for sale at the market under the banner of Peats Ridge PS. If you would like to be involved in this venture to raise money for our students, please come in and see me whenever you have a spare moment. The first market will be held at the school on Sunday 28th March between 9am and 2pm. Your support with this initiative will go a long way towards providing many opportunities for the students at Peats Ridge and I thank you in advance for the support.

I also mentioned last week that the speed with which cars are entering the school is becoming a concern. Can I ask that as you enter the school, you reduce your speed to 10km/h. Safety for our students is paramount at the school and we thank you for taking this into consideration.

COMING EVENTS:

Monday 9th March  
Zone Swimming Carnival

Monday 16th March  
NRMA Roadshow at Kulnura PS

REMINDERS:

• Please label all your child’s belongings
• School Phone No: 4373 1149
• School email: peatsridge-p.school@det.nsw.edu.au
Lastly, I have been informed by our afternoon bus drivers that over the coming weeks students will be required to show their bus passes when boarding. At no point will any student be refused travel on the bus. This is more a measure of information collection to see which students have passes and who needs to apply for new passes. If your child is yet to receive their bus pass please drop into the office and see Kate for a new application form and we will ensure that they get it.

As always I hope you have a great week.

Kind Regards,
Shane Randall
Relieving Principal

Welcome to Week 6, over half way through the term. All our Kindys are so settled that you would think they have been here for years not just weeks.

The whole class enjoyed Drumbala and came back to class red handed from their session. Raw Art will start next week so if you are interested in your child participating payments of $25.00 are due by Friday. Raw Art is an external company that will introduce the kids to mediums and techniques that are not available at school normally.

Library will be on Friday this week (only) for P1.

In our English units on Fairy Tales we have been focusing on Goldilocks and the Three Bears last week and this week we have been looking at opposites (antonym) and words with similar meaning (simile) the text as our starting point.

Big/little Hot/cold
Morning/night Hard/soft
Hot/cold High/low

DONATIONS
Thanks to Tiana’s’ mum for the donation of glue sticks. We are starting to come into the runny nose season and donation of tissues and antibacterial hand wash would be appreciated. Thanks

Julie Blair
P1 Class Teacher

CANTEEN MENU

WEEK 6 – Wednesday 4th March
Toasted pizza wraps + drink $5.00

WEEKLY REMINDERS

NOTES DUE BACK:
• Permission to Publish form OVERDUE
• General Permission note OVERDUE
• Raw Art permission note and money due back Friday 6th March
• NRMA Roadshow permission note, money and lunch order due back Monday 9th March

PACKING A HEALTHY LUNCHBOX

With the unpredictable nature of our day to day lives, preparing and packing a healthy lunchbox can be a difficult task. Finding time to shop and prepare interesting and healthy meals for school lunches can stressful. But the foods we send to school with our kids can contribute up to 1/3 of their daily intake of nutrients. So it’s important to pack a balanced lunch to ensure they’re getting the nutrients they need.

Keep “occasional” foods such snack food bars, sweet biscuits, flavoured or coated popcorn and savoury biscuits and chips out of the lunch box. Although they can offer a practical convenient solution for lunchboxes, they should not replace the core snack and should be kept for special occasions. Avoid including the ones with added confectionery and opt for wholegrain varieties packed full of whole foods you can see with your eyes.